



MOVEMBER CALENDAR

HERE'S ALL OUR TIPS FOR A GREAT MONTH.
MAKE SURE YOU VISIT YOUR [DOWNLOADS PAGE](#) AND TAKE A LOOK AT OUR
[MEDIA ROOM](#) FOR MORE TEMPLATES,
POSTERS, TIPS, AND GOOD STUFF.



MOVEMBER CALENDAR SEPTEMBER



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	1	2
3	4	5	6	7	8	9	
10	11	12	13	14	15	16	
17	18	19	20	21	22	23	
24	25	26	27	28	29	30	

Sign-ups are open!
Head in to reactivate your team from last year or create a new one.



MOVEMBER CALENDAR

OCTOBER

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

1

2

3

4

Get your team signed up
By now your team from last year will have received an email from us. Make sure they've acted on it!

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First thing's first 12
You can continue to recruit new team members during the month, but the earlier you get organised the easier it'll be.

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Build your team
In the next few weeks, recruit to your team by holding small events and getting the word out.

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Assemble your team
Send a quick email to your team. Do they all know what to do? Do you need to find some more recruits?

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Prepare 26
It all kicks off next week! Invite your team members to a Tuesday afternoon shavdown.

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Kick things off
Get together, shave down and get hyped. Snap a photo of your freshly shaven mug for your Mo Space.

31



MOVEMBER CALENDAR

NOVEMBER

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

			<p>Game on 1</p> <p>Remind your team to post a 'before' photo on their Mo Space.</p>	<p>Put out an appeal 2</p> <p>Time to tell the world you're doing Movember, and ask them to support your efforts.</p>	<p>Event idea 3</p> <p>Have a Mo kick-off party. Events are a great way to raise awareness and funds.</p>	4
5	<p>Share it 6</p> <p>Put the word out on why men's health matters with our easy social shares.</p>	7	<p>Check in 8</p> <p>Send your team an email to see how they're going. It's not too late to add new team members, or remind them to complete their Mo Space.</p>	<p>See what's on 9</p> <p>Get some inspiration from our Facebook, Twitter or Instagram</p>	<p>Event idea 10</p> <p>Hold a pancake breakfast, chili cookoff or BBQ. \$10 entry, all proceeds go to helping men.</p>	11
12	<p>Get inspired 13</p> <p>Get some mid-month inspiration with our fundraising tips.</p>	<p>Mid month check-in 14</p> <p>How close are you to your target? What would it take to get 10% closer? Make a game plan.</p>	<p>Mo photos 15</p> <p>Post a photo on social media, with the hashtag #Movember</p>	16	<p>Event idea 17</p> <p>Hold a Mo Trivia event. Download the guide.</p>	18
19	<p>Challenge 20</p> <p>Every donation adds up to a huge impact. Challenge your team to each get a \$20 donation every day this week.</p>	<p>Spread the word 21</p> <p>Tune into Movember Radio to see what's happening</p>	<p>Share it 22</p> <p>What's your favourite moustache fact? Start a conversation.</p>	<p>Moustache 23</p> <p>Need a few tips on how to groom that Mo? Read on.</p>	<p>Event idea 24</p> <p>Host an end-of-month event this Thursday.</p>	25
26	27	<p>Tell the story 28</p> <p>By now you'll have a tale or two. Get the best quotes from your team and write a wrap-up. It's a reminder of the good times and a last call for donations.</p>	29	<p>Event idea 30</p> <p>Shave off: time to say goodbye to the Mo!</p>		



MOVEMBER CALENDAR DECEMBER

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

						Last donations! The month is over! Thank your supporters and ask for final donations	1	2
3	4 Wrap up Send in any cash donations to Mo HQ	5 Goodbye! Thank your supporters, and give yourself a pat on the back for your men's health efforts	6	7	8	9		
10	11	12	13	14	15	16		
17	18	19	20	21	22	23		
24	25	26	27	28	29	30		