



# MOVEMBER CALENDAR

HERE'S ALL OUR TIPS FOR A GREAT MONTH.  
MAKE SURE YOU VISIT YOUR DOWNLOADS  
PAGE AND TAKE A LOOK AT OUR  
MEDIA ROOM FOR MORE TEMPLATES,  
POSTERS, TIPS, AND GOOD STUFF.





# MOVEMBER CALENDAR SEPTEMBER



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22 Sign-ups are open! Head in to reactivate your team from last year or create a new one.	23
24	25	26	27	28	29	30





# MOVEMBER CALENDAR

## OCTOBER

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

1

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3

4

**Get your team signed up**  
By now your team from last year will have received an email from us. Make sure they've acted on it!

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**First thing's first** 12  
You can continue to recruit new team members during the month, but the earlier you get organised the easier it'll be.

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**Build your team**  
In the next few weeks, recruit to your team by holding small events and getting the word out.

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**Assemble your team**  
Send a quick email to your team. Do they all know what to do? Do you need to find some more recruits?

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**Prepare** 26  
It all kicks off next week! Invite your team members to a Tuesday afternoon shavdown.

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**Kick things off** 31  
Get together, shave down and get hyped. Snap a photo of your freshly shaven mug for your Mo Space.

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# MOVEMBER CALENDAR

# NOVEMBER

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

			<b>Game on</b> 1 Remind your team to post a 'before' photo on their Mo Space.	<b>Put out an appeal</b> 2 Time to tell the world you're doing Movember, and ask them to support your efforts.	<b>Event idea</b> 3 Have a Mo kick-off party. Events are a great way to raise awareness and funds.	4
5	<b>Share it</b> 6 Put the word out on why men's health matters with our easy social shares.	7	<b>Check in</b> 8 Send your team an email to see how they're going. It's not too late to add new team members, or remind them to complete their Mo Space.	<b>See what's on</b> 9 Get some inspiration from our Facebook, Twitter or Instagram	<b>Event idea</b> 10 Hold a pancake breakfast, chili cookoff or BBQ. \$10 entry, all proceeds go to helping men.	11
12	<b>Get inspired</b> 13 Get some mid-month inspiration with our fundraising tips.	<b>Mid month check-in</b> 14 How close are you to your target? What would it take to get 10% closer? Make a game plan.	<b>Mo photos</b> 15 Post a photo on social media, with the hashtag #Movember	16	<b>Event idea</b> 17 Hold a Mo Trivia event. Download the guide.	18
19	<b>Challenge</b> 20 Every donation adds up to a huge impact. Challenge your team to each get a \$20 donation every day this week.	<b>Spread the word</b> 21 Tune into Movember Radio to see what's happening	<b>Share it</b> 22 What's your favourite moustache fact? Start a conversation.	<b>Moustache</b> 23 Need a few tips on how to groom that Mo? Read on.	<b>Event idea</b> 24 Host an end-of-month event this Thursday.	25
26	27	<b>Tell the story</b> 28 By now you'll have a tale or two. Get the best quotes from your team and write a wrap-up. It's a reminder of the good times and a last call for donations.	29	<b>Event idea</b> 30 Shave off: time to say goodbye to the Mo!		





# MOVEMBER CALENDAR DECEMBER

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

						<b>Last donations!</b> The month is over! Thank your supporters and ask for final donations	<b>1</b>	<b>2</b>
<b>3</b>	<b>4</b> <b>Wrap up</b> Send in any cash donations to Mo HQ	<b>5</b> <b>Goodbye!</b> Thank your supporters, and give yourself a pat on the back for your men's health efforts	<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>		
<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b>		
<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>	<b>21</b>	<b>22</b>	<b>23</b>		
<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b>	<b>29</b>	<b>30</b>		