HOW TO: GROW A MOUSTACHE

The moustache is our ribbon for men’s health. For 30 days in the month formerly known as ‘November’, use it to raise funds and stop men dying too young. Sign up on movember.com and grow your Mo for 30 days.

WANT TO TAKE YOUR MO TO THE NEXT LEVEL?

Got a beard? Sacrifice it to raise funds.
Auction off your face to the highest donor.
Dye it.
Style it.
Groom it.
Mo Sistas, get a little creative.
Recreate an iconic Mo.

TIPS TO HELP YOU MAKE THE MOST OF THE MO

GET TALKING
The moustache is a natural conversation starter. Use it to start a conversation about men’s health.

TEAM UP
The more moustaches the merrier. There’s strength in numbers.

GET CREATIVE
Challenges, competitions and unique ways to fundraise are what keeps Movember fresh as the moustache on your face.

STYLE GUIDE

THE WISP
THE ABRAKADABRA
THE ROCK STAR
THE UNDERCOVER BROTHER

THE BUSINESS MAN
THE TRUCKER
THE REGENT
THE BOX CAR

THE CONNOISSEUR
THE AFTER EIGHT

SIGN UP TO MOVEMBER
FAQS AND CONTACT

FAQS
Visit our FAQs for answers to your questions.

CONTACT US
Got a question? Drop us a line.
Email info.us@movember.com
Phone (310) 450-3399
Mail to
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Culver City, CA 90232

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