



MEDIA RELEASE - PHOTOS AVAILABLE

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THIS IS THE MO-MENT: SYDNEY FERRIES & FAMOUS MO'S TO LOSE FOLLICLES

With the hairy season drawing to a close tomorrow for 2016, Mo Ambassadors Kirk Pengilly and Sasha Mielczarek have revealed their Movember moustaches this morning alongside some of Sydney's iconic ferries, which have sprouted Mo's for the last month in support of men's health.

So far this year, 70,000 Australians have shown their support for the health of men over the past month. But with fathers, partners, brothers and friends everywhere facing a health crisis, the Movember Foundation is calling on the generosity of Aussies to stop men dying too young.

Put simply, men are dying too young and before their time:

- Suicide is the leading cause of death for Australian men aged 15 to 44 years
- On average, 6 men take their own lives each day
- This year, more than 3,300 Aussie men will die from prostate cancer
- 36 years old is the average age of a man diagnosed with testicular cancer.

Kirk Pengilly, Movember Foundation Ambassador and INXS musician said the last hairy month has served as a conversation starter for men to open up and talk about the small and the big things in life, but has urged Aussie blokes to keep the conversations going long after their Movember moustaches are removed tomorrow.

"As men, we need to talk when times get tough. It's a simple thing that makes a huge difference - being there for your mates and asking them if they're okay if you're worried about them could be life-saving," said Mr Pengilly.

Charlotte Webb, Movember Foundation Director for Australia and New Zealand, said the past month has been a chance for men and women across the country to show their support for the men in their lives, and take a stand against men dying prematurely.

"We all have men who we care about, and every man is important. In Australia, men die on average four years younger than women for no biological reason, and that's simply not good enough," said Ms Webb.

"Too many men are dying too young. We're encouraging everyone to support our men this Movember, make a donation at [Movember.com](https://movember.com) and let's make sure our men are alive, well and enjoying life for years to come," added Ms Webb.

With money raised, the Foundation has invested in more than 1,200 game-changing programs in prostate cancer, testicular cancer and suicide prevention around the world, whilst positively challenging the way in which men's health issues are researched and addressed.

Join the movement at [Movember.com](https://movember.com) and donate to help stop men dying too young.

For media images: <https://movember.box.com/s/phxwvx6d9f2ctrmzmvdfyk2guk6ao635>

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About the Movember Foundation:

The Movember Foundation is the only charity tackling men's health on a global scale, year round. By 2030, we will reduce the number of men dying prematurely by 25%. The Foundation funds game-changing men's health projects. Millions have joined the movement, raising \$770 million to help us fund over 1,200 projects focusing on prostate cancer, testicular cancer, mental health and suicide prevention.