



in November being globally

recognised for its fun,

mental health and suicide

prevention.

THE HAIRY **FACTS**



FOR MORE INFORMATION
PLEASE CONTACT
ROSETTA BUAHIN
ROSETTA BUAHIN@MOVEMBER.COM
44 (0)7833 797327

MEN'S HEALTH

four years younger than women in the UK

IN 4

by a mental health problem

SUICIDE PREVENTION

3/4 suicides in the UK

On average, 12 men take their life each day in the UK

PROSTATE CANCER

COMMON

common cancer amongst men in the UK

1 man dies every 45 minutes from prostate cancer in the UK

TESTICULAR CANCER

UNDER

most common cancer in men under 40

2,400

2,400 in the UK are diagnosed with testicular cancer each year

HOW TO GET INVOLVED



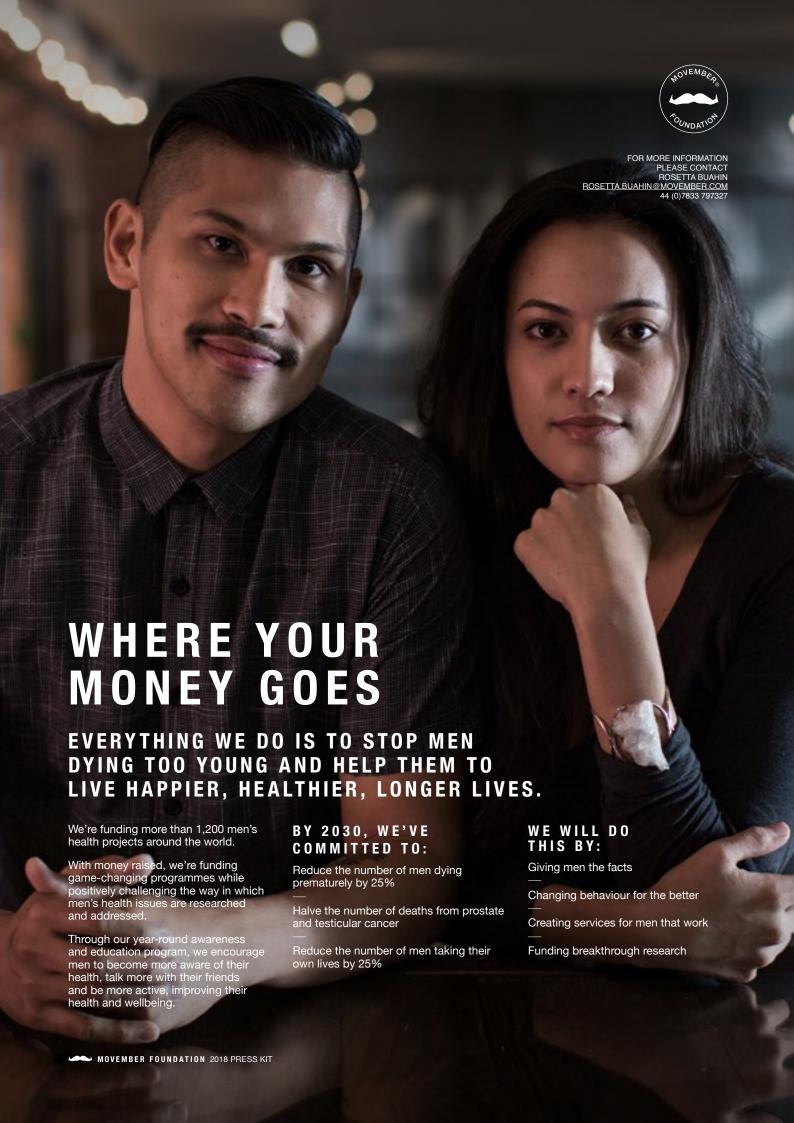
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STOP MEN DYING TOO YOUNG.
JOIN THE FIGHT FOR MEN'S HEALTH.

There are three ways to get involved with Movember and support men's health:

		WHAT	H O W	WHEN
01	GROW	Grow a Mo, save a Bro	The moustache is our ribbon for men's health	For the 30 days in the month formerly known as 'November'
02	MOVE	Walk. Run. Cycle. Swim. Row.	Go the distance and raise funds to support men's health	Anytime, anywhere, during the month of Movember
03	HOST	Throw or go to a Movember event	Any excuse for a good time. Events are a great way to have fun and raise funds for men's health	Anytime, anywhere, during the month of Movember





SPOKESPEOPLE



ROSETTA.BUAHIN@MOVEMBER.C

MOVEMBER FOUNDATION SPOKESPEOPLE



Owen Sharp CEO



Sarah Coghlan Global Director, Men's Health Promotion



JC Global Director, Innovation



Paul Mitcheson Country Director, Europe

FOR MEDIA ENQUIRIES AND INTERVIEWS, PLEASE CONTACT: ROSETTA BUAHIN HELENA.JENNISON@MOVEMBER.COM PHONE 0207 952 2087 MOBILE 44 (0)7833 797327



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